

Residential Treatment

The Meta House Residential Treatment Program is licensed to house up to 35 women and 15 children. The most intensive of our programs, Residential offers around-the-clock care for women in early recovery. In this warm and family-friendly setting, mothers can bring their children to stay with them while they heal.

“The most important thing for me was giving my baby a fair shot at a healthy life. Staying in residential treatment was that opportunity for my daughter. I was in a safe, supported and very structured environment that helped me stay clean. I learned how to properly care for a newborn in every aspect. That made all the difference.”



feel at home
while rebuilding yours

Meta House
Since 1963



Ending the generational cycle of addiction by healing women and strengthening families.

Meta House



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Greater Milwaukee & Waukesha County



Reclaim your life,
Rebuild your family.

Substance Abuse Treatment for Women

Our approach:

- Trauma Informed
- Gender Responsive
- Family-Centered

Our comprehensive services include:

- Substance Abuse Treatment
- Mental Health Services
- Case Management
- Vocational & Educational Services

A special focus on families:

Ending the generational cycle of addiction is a key component of our mission. We support the healthy development of children by teaching parenting and rebuilding and strengthening families.

- Skill Building Classes
- Nurturing Care Program
- In-Home Visits
- Baby Health (Includes pre- and post-natal care)
- Mother, Child & Family Interaction

**Meta House gives priority admission to pregnant & postpartum women.*

If a woman doesn't need the intensive care and structure of our Residential Treatment Program, she may enroll in our Outpatient Treatment Program. Meta House is uniquely designed to meet the needs of a woman where she is in her recovery. Our services include substance abuse counseling, life skills, education and vocational services, health education, nutrition, parenting, mental health assessment and relapse prevention. Child care is also available on-site.

Outpatient Treatment



"In outpatient, I learned self-awareness. They've taught me self-respect and how to work on building self-confidence. Now, I can deal with my emotions and work through them without needing substances."

Meta Housing

Our transitional housing program was named a "Best Practice" winner by the Wisconsin Housing and Urban Development (HUD) office for transitional living facility. Meta Housing offers clean, secure, family-friendly transitional and permanent housing for 27 families who are in need of a safe and affordable place to live and are ready for independent living.



"Housing gives my family stability, structure and safety. It makes putting recovery to work in the real world a reality, but it gives me a chance to continue working on my parenting and figure out next steps like employment."

a safe, affordable & substance free community for families in recovery

