



# Ozaukee County Senior Dining

ADRC Home Delivered Meal MONTHLY MENU

## AUGUST 2020

Senior Citizens Day

Friday, August 21

M, W, F meals served with 1% milk

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|--|--|---|--|
| <b>3</b>   | <b>4</b>   | <b>5</b>   | <b>6</b>  | <b>7</b>   |
| CRANBERRY MEATBALLS<br>FRIED POTATOES W/<br>GREEN PEPPERS & ONIONS<br>CREAMED SPINACH<br>7-GRAIN BREAD W/ BUTTER<br>FRUITED YOGURT         | BBQ RIBS<br>AMERICAN FRIES<br>TOSSED SALAD<br>FRESH FRUIT<br>DESSERT   | GERMAN SAUSAGE<br>SAUSAGE ROLL<br>KETCHUP/MUSTARD<br>GERMAN POTATO SALAD<br>SWT & SR RED CABBAGE<br>GERMAN CHOC CAKE<br>ALT. SUGAR FREE COOKIE                   | HAM STEAK AND<br>SCALLOPED POTATOES<br>VEGETABLE OF THE DAY<br>FRESH FRUIT<br>DESSERT       | LEMON PEPPER CHICKEN<br>GARLIC MASHED POTATOES<br>W/ GRAVY<br>CALIFORNIA BLEND VEG<br>WHEAT BREAD/ BUTTER<br>GRAPES            |
| <b>10</b>  | <b>11</b>  | <b>12</b>  | <b>13</b>   | <b>14</b>  |
| SALISBURY STEAK<br>MASHED POTATOES<br>W/ GRAVY<br>GREEN BEANS<br>WHOLE WHEAT BREAD<br>W/ BUTTER<br>TROPICAL FRUIT CUP                      | STUFFED CABBAGE ROLLS<br>RICE<br>TOSSED SALAD<br>FRESH FRUIT<br>DESSERT  | CHICKEN CAESAR SALAD<br>W/ PARM CH & CROUTONS<br>CAESER DRESSING<br>VEGETABLE PASTA SALAD<br>BREADSTICK/ BUTTER<br>FRESH PEAR<br>CHOC CHIP COOKIE<br>ALT. BANANA | GREEK STYLE CHICKEN<br>RICE<br>TOSSED SALAD<br>FRESH FRUIT<br>DESSERT                       | BREADED FISH W/ TARTAR<br>DOUBLE BAKED<br>POTATO CASSEROLE<br>PRINCE CHARLES VEG<br>RYE DINNER ROLL/ BUTTER<br>FRESH NECTARINE |
| <b>17</b>  | <b>18</b>  | <b>19</b>  | <b>20</b>   | <b>21</b>  |
| BBQ PULLED PORK<br>ON KAISER ROLL<br>5-WAY MIXED VEGETABLE<br>BROCCOLI & CAULIFLOWER<br>VEGETABLE BLEND<br>FRESH ORANGE                    | DELUXE 1/3 # ANGUS<br>CHEESE BURGER<br>W/ LETTUCE, TOMATO, PICKLE<br>TOSSED SALAD<br>FRESH FRUIT<br>DESSERT                    | ROAST TURKEY W/ GRAVY<br>MASHED POTATO W/ GRAVY<br>GREEN SWEET PEAS<br>BANANA<br>CHEF'S CHOICE PIE<br>ALT. FRESH FRUIT   | BEEF STROGANOFF<br>OVER BUTTERED NOODLES<br>TOSSED SALAD<br>FRESH FRUIT<br>DESSERT          | TURKEY A LA KING<br>OVER BISCUIT<br>ORIENTAL VEGETABLES<br>GREEN BEANS<br>WATERMELON<br>BAKER'S CHOICE COOKIE<br>ALT. BANANA   |
| <b>24</b>  | <b>25</b>  | <b>26</b>  | <b>27</b>   | <b>28</b>  |
| OVEN BAKED HAM<br>MASHED SWEET POTATO<br>W/ BUTTER<br>SWEET GREEN PEAS<br>FRESH FRUIT<br>FROSTED WHITE CAKE<br>ALT. UNSWEETENED APPLESAUCE | SCRAMBLED EGG<br>VEGGIE SKILLET<br>PANCAKES<br>MAPLE SYRUP<br>FRESH FRUIT  | SLOPPY JOE ON WHOLE<br>WHEAT BUN<br>BAKED BEANS<br>DILLED BABY CARROTS<br>CREAMY CUCUMBER SALAD<br>FRESH APPLE   | CHICKEN TIPS W/<br>MUSHROOM SAUCE<br>RICE<br>VEGETABLE OF THE DAY<br>FRESH FRUIT<br>DESSERT | GREEN PEPPER CASSEROLE<br>SQUASH MEDLEY<br>WHOLE GRAIN ROLL/ BUTTER<br>BANANA<br>LEMON PUDDING<br>ALT. DIET PUDDING            |
| <b>31</b>  |  <p><b>National Senior Citizens Day</b></p> |  |   | <p><b>Beautiful Young People</b><br/>Are Acts of Nature,<br/><b>But our Beautiful Seniors</b><br/>Are Works of Art.</p>        |
| MEATLOAF W/ GRAVY<br>MASHED POTATO/ GRAVY<br>BRUSSEL SPROUTS<br>FRUIT CUP<br>RYE BREAD/ BUTTER   |  |  |   |  |

Meal are delivered between 11-1pm. Menu is subject to change

Aging and Disability Resource Center 262-284-8120