VOLUME 11
ISSUE 2

APRIL 2021



April Birthdays

8-Fran Budny

13-Mary K.

16-Pete H.

18-Virginia M.

22-Betty W.

24-Muriel M.

25-Gladys H.

22-Earth Day

28-Teno M.

All Birthdays may not be listed due personal preferences.

April Holidays
1-April Fools &
Milwaukee Brewers Home
Opener
2-Good Friday
4-Easter

Lasala Crossings News

Please join us in welcoming our new neighbor!!!

Marion Pinzer moved in to Apartment #105

Please say Hi and welcome your new neighbor to the Crossings!!

ELDERLY SCAM ALERT!

Always remember:

NEVER GIVE OUT ANY OF YOUR PERSONAL INFORMATION TO ANY ONE ON THE PHONE. (DATE OF BIRTH, SOCIAL SECURITY NUMBER, BANKING INFORMATION)

INSTEAD HANG UP IMMEDIATELY!!
THIEVES ARE EMPLOYING A VARIETY OF TRICKS
AS THEY ATTEMPT TO SEPARATE YOU FROM
YOUR MONEY.

Don't forget!!! Craft time... Friday, April 2nd AR1 @1:30



Gardening Group

Calling of you with green thumbs... If you are interested in helping plant and tend to the flower beds and baskets around the building let Laurel or Carrie know... We'll then hold a meeting of the Garden Group.



Watch the Bulletin Board and the Daily Schedule at the entrance to the dining room for the most current info on entertainers and activities here at the Crossings!!!



Mock Tornado Watch and Drill

April 11-17 2021 is Wisconsin's Tornado and Severe Weather Awareness Week.

Therefore, on Thursday, April 15th at 1:00 the Lasata Campus will be participating in Wisconsin's Mock Tornado Drill.

On Thursday, April 15th, a statewide tornado drill is planned. A mock tornado watch will be issued statewide by the NWS at 1:00 pm. A mock tornado warning will follow at 1:45 pm with the drill ending at 2:00 pm. The mock alerts will be issued on NOAA Weather Radios and many communities will sound their tornado sirens.

PLEASE REVIEW THE LAST PAGE OF THE NEWSLETTER. I've included the page from the Crossings Tenant Handbook that deals with severe weather. Please read and familiarize yourself with what to do in case of severe weather.

Also, we will be reviewing the procedure prior to Bingo on April 14th at 1:15PM in Activity Room 1.





April 1st 1:00pm Milwaukee Brewers Home Opener-AR's April 6th 1:15pm NEW EXERCISE CLASS with Amanda!

** See the article and check it out!! I guarantee it is fun!!**

April 6th 2:00pm Simon & Garfunkel Concert Live @

Central Park!! Ch. -956



April 9th 1:30pm "Timeless Moments from the Tonight Show w/Johnny Carson" AR's

April 16th 1:30pm Documentary **Watch the Bulletin Board**

April 23rd 1:30pm Gaither Gospel Series "Kennedy Center Homecoming" AR's



This list may not be all inclusive and things are subject to change; There may be things added or not shown, but we will do our best to keep you up to date on what's happening Always check the bulletin board and the Dining room entry sign!!



WEDNESDAY BINGO Will be held in the Dining Room at 1:30!!

No more watching it on Television!!

Back to in person gaming!!

FACEBOOK

If you or your friends or family use Facebook, be sure to "Like" the Lasata page so you can see pictures and messages from across the campus!

Don't forget Pastor Chats!

Please see the calendar for "Pastor Chats".

Local pastors will be broadcasting directly to you on Channel 956 with special messages, prayers and readings through the next few months. We hope this opportunity will be meaningful to many of you as we wait for the right time to return to our usual places of worship.







Attention Optum Members

Amy O'Brien representative from United Healthcare/Optum will be here in May!! Come learn more about Optum and the many benefits it can provide to you!! Watch the Bulletin board and the May Calendar for when she'll be here!!

Complimentary Manicures...
On the 8th & the 22nd
Starting at
1:15 in the Beauty Shop
Sign up on the bulletin board!

The Hearing Aid Guy is here...
Andrew Cmeyla will be here to
perform Hearing Screenings and
hearing aid cleaning and repairs!!



Monday, April 5th. If you'd like to see him, please come and let Laurel know... He will be here some time in the afternoon...

TORNADO PROCEDURE

The "Weather Alert" radio, located in the Commons area will sound an alert during a weather emergency.

TORNADO WATCH

Staff will monitor the "Weather Alert" radio for a tornado watch. When a Tornado Watch is issued by the facility, this means that a potential tornado has been reported in the surrounding area, but is not considered a "WARNING" (See TORNADO WARNING below).

A staff member will send an alert via an overhead page to all tenants.

The alert will include:

The beginning time and ending time of the watch.

And to be alert in case a Tornado Warning is issued (See below).

All Tenants should close windows, blinds and drapes and be prepared in the event an evacuation is necessary.

TORNADO WARNING

The Cedarburg sirens will sound if a tornado has been sighted, or if tornado conditions are likely to exist in the immediate Ozaukee County area.

A staff member will send an overhead page to alert you that a tornado warning is in effect. When you hear this overhead page report to the basement immediately. Any Visitors preparing to exit the building should remain inside the building until the Tornado Warning is no longer in effect.

** New super FON class with Amanda **

Pound it Out Drumming Circle is a new, fun and invigorating class that we will be offering each every Tuesday (except the last Tuesday of the Month)

The act of drumming can be an excellent upper body exercise and can stimulate the heart. Drum circles for seniors have been known to help adults in the following areas: Reducing tension, anxiety, depression, and stress; Boosting the immune system and increasing energy; Controlling chronic pain; Releasing negative feelings; Making social interactions and feeling a sense of community; Improving joint mobility, posture, motor skills and is a good cardio workout!!

Drumming can have positive effects on your health and may help with many conditions from stress, fatigue, and anxiety, to hypertension, asthma, chronic pain, arthritis,

NO EXPERIENCE NECESARRY AND WE WILL PROVIDE EVERYTHING YOU WILL NEED!! We will also be playing some really good music that will help get you motivated to MOVE!! Each Tuesday at 1:15 in the AR's