

Please join us in welcoming our new neighbors!!!



Eugene Drifka moved over from the heights. He is in apartment #101. Anita Larson also moved over from the Heights. She is in apartment #318.

Ed Welch moved in to apartment #320. Also on November 18th we'll be welcoming Anita's sister Viola Prinsen; also coming over from the Heights. She'll be moving in to apartment #112.

And for those of you who remember former Crossings tenant Edna Dobberpuhl; she, Anita and Viola are all sisters!!



November Birthdays

- 3-Carrie
- 8-Gao
- 9-Cindy
- 10-Laurel
- 17-Doris G. #100 YEARS



Please remember not to put nails in the doors, woodwork or cabinets in your apartment or in the hallways. If you'd like to hang a wreath or something on your entry door, please be sure you have a hook with padding to protect the finish on the doors.

All Birthdays may not be listed due personal preferences.

November Holidays

- 11-Veterans Day
- 26-Thanksgiving Day



- **Monday Treat Cart**
 - **Tuesday Activity Cart**
 - **Thursday alternates; Ice Cream or Popcorn**
 - **Friday Happy Hour**
- We start about 2:45 and work our way through the building!**



If you notice on the Calendar; there are now some new programming options on Channel 956. Programs on 956 include new and classic movies, worship music and different worship services from local church's, and a variety hour! The variety hour will feature music, concerts, comedy, educational or travel programs!!! Be sure to check them out!!!

Programs on our other channel - 958 - include daily exercise with Therapy, a weekly sing-along, Bingo, Family Feud, Music Match Game and Horse Racing!

If you need the sheets to play any of these games they will have them on the Tuesday Activity Cart. Just ask when they come around!!

Churches Offering Online Services

St. Francis Borgia Catholic Church: <https://www.saintfrancisborgia.org/>

Lumen Christ Catholic Church: <https://www.lumenchristparish.org/>

First Immanuel Lutheran Church: <https://www.filministries.org/>

Trinity Lutheran: <https://www.trinitymeq.com/new-page>

Grace Lutheran: <http://www.gracegrafton.com/holy-experiment.html>

Faith Lutheran:

https://www.youtube.com/channel/UCZ_gzM_0EQ1q3vQ1EPnIVCg

Vineyard Church: <https://www.vineyardchurch.co/sermons>

Spiritual Television Networks:

Channel 21: TBN Trinity Broadcasting Network - Christian

Channel 97: EWTN Global Catholic Television Network

Monday Worship Hour Channel 956 at 3:00 p.m.

Exciting News!

Beginning Monday, November 9th we will be opening the dining room! With this newsletter, you will be getting a copy of the rotation as to when you will have your meals in the dining room!! If it is not the day for you to dine in the dining room please remember to prop your doors open all the way. If you need a new door stop, let a staff member know.

We will also be opening up and doing more activities, crafts and movies etc.

While we start over once again, it is imperative that EVERYONE follow the protocols that we set up so we can keep COVID19 from coming back to the Crossings.

Please remember YOU MUST continue wearing your mask when you go outside your apartment and when any staff members are in your apartment. Also, remember to keep distance of at least 6 feet of others at all times.

If you are able, you can take your trash to the chute and walk the hallway on the floor you live on. You can also resume doing your own laundry

Preferred Podiatry will be returning to provide podiatry services in your apartment. They'll be here on the 9th & 11th. You will be notified when this will occur.

Unfortunately, visitors are still not allowed in the building at this time.

We get to start taking the bus out and go on RIDES again!!!

Unfortunately, we cannot stop anywhere, but we can get out and give you a change of scenery at least!!!

Watch the Calendar for your floors day and time!! We have to limit it to 4 tenants at a time!! If there are more than 4 people interested, we'll do a second ride that day.

First stop... Holiday Light Tour!!



****REMINDER****

For those of you on Optum

If you are on Optum your plan includes the Health Products Benefit. You can use it to order items in the Health Products Catalog.

There are items such as compression socks, Vitamins & Supplements, Cough, Cold & Allergy medications, Electric Tooth Brushes, Denture Cleansers, Floss, and Adhesives, Toothpaste, Powders, Creams, Sunscreen, Canes, Disposable Briefs, Mattress pads and lots of other items.

If you are interested in looking at a catalog and ordering some things you may need let Amy or Carol know. There is NO COST to you. This is a BENEFIT of being on Optum. Remember these \$\$~Credits~\$\$ expire at the end of the year!!!



Some things to remember...

BEFORE leaving your apartment for any reason, **WASH** your hands with soap and water for at least 20 seconds or use alcohol-based hand sanitizer that contains at least 60% alcohol.

AVOID touching your eyes, nose, and mouth

If you are able, **CLEAN** all “high-touch” surfaces (counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets and bedside tables) with a household cleaner or anti-bacterial wipe according to the label instructions.

COVER your cough or sneeze with a tissue, then throw the tissue in the trash and wash your hands.

YOU MUST wear a mask, (covering your mouth and nose) when leaving your apartment and you must also stay 6 feet apart from other tenants.



The Podiatrist is also coming...
She'll be here on Monday, the 9th and Wednesday the 11th.

You should have gotten a reminder with your appointment day and time.

As usual, you'll be seen in your apartment!

**Veteran's Day
Observance
Wednesday, November 11th**

11:30—Ch.956
Patriotic Musical Selections
3:00—Ch.956
Special feature in honor of
Veteran's Day

**We ask for blessings on all those who have
served our country in the armed forces.
Many Thanks to our Crossings Veterans:**

**Elmer Benson
Don Blaubach
Ed Ciszewski
Eugene Drifka
Peter Hume
Jeanette Kervin
Will Martin
Teno Mueller
Dave Pawlak
Ed Welch**

**** Also EFFECTIVE NOVEMBER 9th ****
**** Trash and Laundry ****

We will no longer be doing your personal laundry.

You can return to doing your own, if you have not already. If you typically have a family member do your laundry they can now come to pick it up and resume doing it for you. Please see Carol to arrange for a Monday through Friday pick up/delivery. We will still continue to do your linens.

Additionally, it is now okay for you to resume bagging and taking your garbage and recyclables to the trash room/chute. Please don't leave your trash sitting in the hallway outside your door.

Remember to wash your hands prior to leaving and once returning to your apartment and ALWAYS wear your mask.

Don't forget, there is only one Tenant in the laundry room at a time and please disinfect the washer and dryer once finished.

Beginning Monday, November 9th
we will be able to begin using the
Spa Rooms again!! No more
showers in your apartments!!

Veterans Day

November 11

Word Search

P	S	A	C	R	I	F	I	C	E	P	J	S	P	H
S	L	J	R	E	T	C	A	R	A	H	C	D	O	K
W	H	I	S	T	O	R	Y	M	Z	U	L	N	U	L
D	P	Y	X	Y	M	D	P	H	X	Y	O	X	T	M
E	O	A	R	M	I	S	O	R	H	R	N	C	H	N
C	U	H	V	R	L	L	U	H	V	E	B	V	A	E
I	Y	S	R	E	I	D	L	O	S	S	R	B	N	C
V	W	N	N	D	T	F	W	N	N	W	C	O	K	I
R	S	V	A	Q	A	R	Q	A	G	Q	X	G	S	T
E	L	Y	M	A	R	T	C	G	M	A	Z	M	A	S
S	A	T	H	S	Y	I	T	T	H	S	A	H	S	I
B	D	E	J	D	R	B	L	E	J	R	Q	J	D	M
N	E	W	K	E	P	C	O	U	R	A	G	E	F	R
M	M	Q	M	G	W	M	K	Q	N	W	W	N	G	A
K	O	A	L	H	S	N	A	R	E	T	E	V	H	E

See how many of these newspaper related words you can find in the puzzle.
The words can be forward, backward or diagonal.

Created by Sue Lindquist
Grand Forks Herald 2011

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|-------------|--------------|---------------|-------------|
| 1. Veterans | 5. Armistice | 9. Holiday | 13. Medals |
| 2. Honor | 6. Character | 10. Courage | 14. History |
| 3. Service | 7. Soldiers | 11. Wars | 15. Hero |
| 4. Military | 8. Americans | 12. Sacrifice | 16. Thanks |

just for laughs



Crabby Road

11-2-11

It's that time of year again ... when my "fat pants" just become "pants."



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