





Lasata Heights September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1 10:30- Exercise with MJ Therapy. -AR 2:30 – Kim’s Amazing Animals- Courtyard 3:00 Pastor Chats-Advent Lutheran-AR 3:30- Happy Hour-C 4:00 Blackjack- FL 5:45 Sheepshead-FL/RR/AR 6:00 Hand & Foot-RR</p>	<p>2 10:00- Devotional Hour on Ch. 956 10:30- Guided Fitness Stations- FC 1:30- Sinatra in the 60’s- AR 3:00- Kings in the Korner-FL 5:45 Left Right Center-AR</p>	<p>3 10:15- Exercise DVD 3:00 Scrabble-FL 5:30 Sheepshead- AR 5:30- Cribbage-AR3 5:45- Dominoes-FL 6:00LawrenceWelk-Ch.10</p>
<p>4 5:30- Sunday Mass on Ch. 6 9:30- Catholic Com.- AR 1:30- Movie- AR 3:00- Polish Poker-FL 5:45 Sheepshead-FL 5:45- LRC-AR</p>	<p>5 Labor Day 10:15- Exercise DVD-AR 1:00- Bridge-RR 1:30- Movie- AR 2:00 Scrabble-FL 3:00- Blackjack-AR 5:30 Cribbage-AR/FL</p> <p style="text-align: center;">HAPPY LABOR DAY</p> 	<p>6 9:15- Trip to Thiensville Farmers Market, Must Sign-up 10:30- Exercise w/ MJ Therapy- AR 2:30 Crafts/Stitchery-AR 5:45- Sheepshead- AR 5:45- 5 Crowns- RR</p>	<p>7 9:30 Catholic Communion-AR 10:00 Dominoes-RR 10:30 Current Events w/Bobby-AR 1:15 Exercise w/Julie-FL 2:00- Birthday Bingo- HDR 2:00-Scrabble-FL 5:45 Cribbage RR/FL</p> 	<p>8 Joan M. B-day!! 10:30- Exercise with MJ Therapy. -AR 1:30- Banjo Mike- AR 3:00 Pastor Chats- TBA 3:30- Happy Hour-C 4:00 Blackjack- FL 5:45 Sheepshead-FL/RR/AR 6:00 Hand & Foot-RR</p>	<p>9 8:45 Men’s Club-HDR 10:30- Guided Fitness Stations- FC 1:15- Shopping- Walmart- Must sign up 2:00- Destress and Self Express Coloring- AR3 3:00- Chris the tech support- Must Sign up 3:00- Kings in the Korner-FL 5:45 Left Right Center-AR</p>	<p>10 10:15- Exercise DVD-AR 3:00 Scrabble-FL 5:30 Sheepshead- AR 5:30- Cribbage-AR3 5:45- Dominoes-FL 6:00LawrenceWelk-Ch.10</p>
<p>11 Patriot Day! Grandparents Day 5:30- Sunday Mass on Ch. 6 9:30- Catholic Com.- AR 3:00- Polish Poker-FL 3:25- Packer Party- AR. Packers Vs. Vikings FOX 6 5:45 Sheepshead-FL 5:45- LRC-AR</p>  <p style="text-align: center;">Wear Green and Gold</p>	<p>12 9:00-Toe Nail Trimmers-BS 10:00- Card Making- RR 10:30- Guided Fitness Station- FC 1:00- Bridge-RR 1:30 BUBBIE “Folk Art”-AR’s 2:00 Scrabble-FL 2:30- Uno- AR 3:00- Blackjack-AR 5:30 Cribbage-AR/FL</p>	<p>13 10:00- Card Project-AR3 10:00 Lyla the Comfort Dog-Commons Lobby 10:30- Exercise w/ MJ Therapy- AR 1:15- Joan’s Sing along-AR 2:30 Crafts/Stitchery-AR 5:45 Sheepshead-RR/FL/AR 5:45 5 Crowns-RR 6:00-Music in the Courtyard- Garbage Pickers</p>	<p>14 9:30 Catholic Communion-AR 10:00 Dominoes-RR 10:30 Current Events w/Bobby-AR 1:15 Exercise w/Julie-FL 2:00-Scrabble-FL 5:45 Cribbage RR/FL</p>  <p style="text-align: center;"><i>Communion</i></p>	<p>15 10:30- Exercise with MJ Therapy. -AR 10:30- Out to Lunch Mineshaft. Must sign-up 1-3- Complementary Manicures- Must Sign up- BS 3:00 Pastor Chats- St. Paul Grafton- AR 3:30- Happy Hour-C 4:00 Blackjack- FL 5:45 Sheepshead-FL/RR/AR 6:00 Hand & Foot-RR</p>	<p>16 10:30- Guided Fitness Stations- FC 1:15- Shopping-Dollar Tree- Must sign up 1:30-John Raymond-AR 3:00- Kings in the Korner-FL 5:45 Left Right Center-AR</p> 	<p>17 10:15- Exercise DVD-AR 3:00 Scrabble-FL 5:30 Sheepshead- AR 5:30- Cribbage-AR3 5:45- Dominoes-FL 6:00LawrenceWelk-Ch.10</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18</p> <p>5:30- Sunday Mass on Ch. 6</p> <p>9:30- Catholic Com.- AR</p> <p>1:30- Movie- AR</p> <p>3:00- Polish Poker-FL</p> <p>7:20- Packers VS Bears on FOX 6</p> <p>5:45 Sheepshead-FL</p> <p>5:45- LRC-AR</p>	<p>19</p> <p>9:30- Trip to Shalom Wildlife- Must Sign Up.</p> <p>10:15- Exercise DVD- AR</p> <p>1:00- Bridge-RR</p> <p>1:30- Movie</p> <p>2:00 Scrabble-FL</p> <p>3:00- Blackjack-AR</p> <p>5:30 Cribbage-AR/FL</p> 	<p>20</p> <p>10:00- Card Project-AR3</p> <p>10:30- Exercise w/ MJ Therapy- AR</p> <p>1:30- Laurine Dulcimer- AR</p> <p>2:30 Crafts/Stitchery-AR</p> <p>5:45 Sheepshead-RR/FL/AR</p> <p>5:45 5 Crowns-RR</p> 	<p>21 Autumn Begins</p> <p>9:30 Catholic Communion-AR</p> <p>10:00 Dominoes-RR</p> <p>10:30 Current Events w/Bobby-AR</p> <p>2:00-Scrabble-FL</p> <p>3:30- Readers Group- AR</p> <p>5:45 Cribbage RR/FL</p> 	<p>22</p> <p>10:00 Horse Trip- Sign Up</p> <p>10:30- Exercise with MJ Therapy. -AR</p> <p>1:30- Craig Siemens- AR</p> <p>3:00 Pastor Chats-Trinity-AR</p> <p>4:00- Happy Hour. Bring a dish to pass. HDR</p> <p>5:45 Sheepshead-FL/RR/AR</p> <p>6:00 Hand & Foot-RR</p>	<p>23</p> <p>10:30- Guided Fitness Stations- FC</p> <p>1:15- Shopping-Piggly Wiggly-Must Sign-up</p> <p>1-3- Complementary Manicures. Must sign-up-BS</p> <p>1:30- Destress and Self Express Coloring- AR3</p> <p>3:00- Kings in the Korner-FL</p> <p>5:45 Left Right Center-AR</p>	<p>24</p> <p>10:15- Exercise DVD-AR</p> <p>3:00 Scrabble-FL</p> <p>5:30 Sheepshead- AR</p> <p>5:30- Cribbage-AR3</p> <p>5:45- Dominoes-FL</p> <p>6:00LawrenceWelk-Ch.10</p>
<p>25 Amanda's B-day!!</p> <p>5:30- Sunday Mass on Ch. 6</p> <p>9:30- Catholic Com.- AR</p> <p>3:25- Packers Vs Tampa Bay-NBC</p> <p>1:30- Movie- AR</p> <p>3:00- Polish Poker-FL</p> <p>5:45 Sheepshead-FL</p> <p>5:45- LRC-AR</p>	<p>26</p> <p>9:15-Guided Fitness Station-FC</p> <p>10:00- Historical Video Presentation about Oktoberfest - AR</p> <p>1:00- Bridge-RR</p> <p>1:30- Songs from the Heart-Todd P.- AR</p> <p>2:00 Scrabble-FL</p> <p>3:00- German Horse Racing AR</p> <p>3:00- Blackjack-AR3</p> <p>5:30 Cribbage-AR/FL</p>	<p>27</p> <p>10:00- Pretzel Making-AR- Must Sign up</p> <p>10:30- Exercise w/ MJ Therapy- AR</p> <p>1:00 Conversation Café w/Pat- AR</p> <p>2:30 Crafts/Stitchery-AR3</p> <p>5:45 Sheepshead-RR/FL/AR</p> <p>5:45 5 Crowns-RR</p>	<p>28</p> <p>9:30 Catholic Communion-AR</p> <p>10:00 Dominoes-RR</p> <p>10:30 Current Events w/Bobby-AR</p> <p>1:15 Exercise w/Julie-FL</p> <p>2:30- Oktoberfest Trivia- AR</p> <p>2:00-Scrabble-FL</p> <p>3:30- Readers Group-AR</p> <p>5:45 Cribbage RR/FL</p> 	<p>29</p> <p>10:30- Exercise with MJ Therapy. -AR</p> <p>12:00- Oktoberfest Celebration-Special German Meal-CDR</p> <p>3:00- Pastor Chats- St. Francis Borgia</p> <p>3:30- Oktoberfest Happy Hour- Games and Drinks-AR</p> <p>4:00 Blackjack- FL</p> <p>5:45 Sheepshead-FL/RR/AR</p> <p>6:00 Hand & Foot-RR</p>	<p>30</p> <p>10:30- Guided Fitness Stations- FC</p> <p>1:30-Entertainer Mike Schneider- Polka music AR</p> <p>3:00- Kings in the Korner-FL</p> <p>5:45 Left Right Center-AR</p>	

Activity Rooms-AR	Commons-C
Library/Media Room –LM	Crossings Dining Room – CDR
Beauty Shop- BS	Fitness Center- FC
Heights Dining Room- HDR	Heights Reading Room-RR
Heights Fireside Lounge- FL	Channel 956 & 958 are Lasata Campus Channels
Try Something New! See, What Activity Waits for YOU!	



*Oktoberfest Week at the
Heights September 26th ~30th*