



Aging and Disability Resource Center of
Ozaukee County

Facts for Life



Spring 2014

Memory Café Grand Opening Thursday April 17th

Mark your calendars for an exciting event for individuals concerned about their memory or who are experiencing early memory loss.

A Memory Café sponsored by the Aging and Disability Resource Center will open on Thursday April 17th from 2:00-3:30pm. The Flipside Grill (2074 Washington St, Grafton) has generously agreed to provide use of their private dining room for this monthly event.

A memory café is a place where individuals experiencing early memory loss along with their care partner can gather for conversation, games, music and light refreshments. There is no charge to attend.

While pre- registration is not usually necessary, since this will be our grand opening, please RSVP for this first time. To RSVP or for more information, contact the Aging and Disability Resource Center at (262) 284-8120.

Lasata's Annual CarFit and Senior Health Fair

On Friday May 2nd, 2014 from 9am-Noon a CarFit event as well as a Senior Health Fair will take place on the Lasata Campus at: W76 N677 Wauwatosa Road in Cedarburg.

CarFit is an educational program that offers older adults the opportunity to check how well their personal vehicles "fit" them. The CarFit program also provides information and materials on community-specific resources that could enhance their safety as drivers, and/or increase their mobility in the community. Older drivers can improve their safety by ensuring that their cars are properly adjusted for them. A proper fit in one's car can greatly increase not only the driver's safety, but also the safety of others.

At a CarFit event, a team of trained technicians and/or health professionals works with each participant to ensure they "fit" their vehicle properly for maximum comfort and safety. A CarFit check takes approximately 20 minutes to complete.

If you would like more information or would like to schedule an appointment to have your car "fit", please call the Lasata Senior Center at (262) 377-5060. Even if you don't schedule an appointment for the CarFit event, you are more than welcome to attend the Senior Health Fair. Free refreshments, raffles, and door prizes will be on hand!

This newsletter is funded by
Ozaukee County and the
Older Americans' Act

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Medicaid's New Rules May Affect You Now ... or Later

Recent changes were made to the Medicaid rules in Wisconsin. Elderly and disabled individuals who need help paying for care (or will need help in the future) may be affected by these changes, as well as their spouse and family. The need for financial help becomes more critical as the cost of care rises. Right now nursing homes cost over \$100,000 a year, assisted living facilities may be nearly \$75,000 a year, and even a couple of hours a day of in-home care will be \$20,000 a year.

First, let's clarify Medicaid programs. Federal and state funds are combined in Medicaid to pay for nursing home care OR to pay for in-the-community care. The latter program is called Family Care which can pay for care in someone's home or in an assisted living facility. In order to become eligible for either Nursing Home Medicaid or Family Care, an individual must meet financial limits for assets and income. Assets are money and property (some things are not counted such as the value of most homes). Income is "new" money such as Social Security, pension, interest and dividends.

Changes in the Medicaid rules affect two components of the program.

Eligibility -- the approval of an application for Medicaid or Family Care is determined by the person's finances fitting the rules. Changes were made to some of the rules for trusts, for assets between a married couple, for what the non-funded spouse may do with assets after the Medicaid spouse is approved, for divestment (giving away money or property or selling property for less than market value), and for loans the Medicaid person may have given.

Estate recovery. After a person on Medicaid dies, the rules allow the state of Wisconsin to be repaid for the amount spent on behalf of the person in a nursing home or one who received Family Care services. Changes to these estate recovery rules include an expansion of the types of assets from which recovery can be made. This includes a somewhat difficult to understand provision when a Medicaid recipient dies and his/her spouse remarries (possibly estate recovery could include assets the future spouse brings to the new marriage). Rule changes specifically for Family Care allow the state to recover an amount that might be greater than actually spent on the recipient's care.

This article is to make you aware that several important changes to Medicaid rules were enacted by the Wisconsin legislature. The length and scope of the changes is too extensive to detail them here. If you may need Nursing Home Medicaid or Family Care in the future, you may contact the Aging and Disability Resource Center of Ozaukee County for a general discussion of Medicaid eligibility (284-8120 or 238-8120).

You should see an attorney if you are concerned that your prior planning should be reviewed in light of the new rules OR if you have not done planning. Find an attorney who is experienced in estate planning and Medicaid rules. Seek legal advice before taking any steps based on information that you have heard about Medicaid rules. For one reason, the rules change as seen from the recent new laws. And, for another reason, many "rumors" from family and friends about the Medicaid rules are not true. Such advice may have been based on past laws that were changed. Or such advice may be truly rumor and was based on faulty information. Arranging your finances on bad advice may make you ineligible for Medicaid or it may cause you to spend a lot of money needlessly.

Older American's Month Celebration:

The Aging and Disability Resource Center historically holds a celebratory event in May to recognize Older Americans. At the printing of this newsletter, the date, time, and location have not yet been determined for this year's event. Please watch your local newspapers for further information as the month of May gets closer.



Share the Care Comes to Ozaukee County

Since it originated in 1995, *Share the Care* has been the classic resource used by individuals, communities, healthcare professionals and faith-based communities to assist those in need. It is a loving, pragmatic approach to caregiving, no matter what the challenge.

Share the Care has been used to help care for mothers following a difficult birth, grandparents raising grandchildren, to sustain

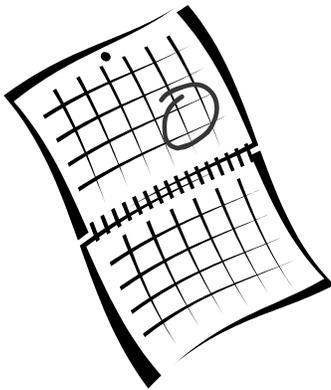
widows(ers), or to help someone deal with a serious illness or injury. Any issue that will be better served by a loving team of family and friends will benefit from a *Share the Care* team.

Share the Care helps to create a unique caregiver “family” from friends, relatives, neighbors, and acquaintances. The program uncovers the hidden talents within the group, makes the most of their resources and guides them through

a time of adversity.

If you would like more information about forming a *Share the Care* team for someone in your life who has a need, Ozaukee County has several trained lay leaders who would welcome the opportunity to guide you through the process of setting up your team. Please contact Mary at 284-8120 for more information or referral.

Senior Conference 2014



Attention all seniors of Ozaukee County! Mark your calendars now for June 17th, 2014 as this is the date of this year’s Senior Conference. The Senior Conference is an all day event that focuses on education, wellness, and growth for the older person. The conference will once again be held at Grafton High School. Registration forms will be made available to the public at the end of April/ beginning of May. If you have attended the conference in the past, you will be mailed a registration form. Participation is limited so registration is accepted on a first come-first serve basis. Look for the registration forms at your local libraries or senior centers or call the Aging and Disability Resource Center of Ozaukee County nearer to that time.

Have you planned for this?

Bad things sometimes happen. You could be affected by an unforeseen, sudden, and very serious illness or accident which could happen near home or while you are traveling far away. You could be left temporarily unable to communicate or perform daily activities. If so, does your family know where to find information on your insurance, your bills that need to be paid, or the websites and passwords of your online accounts? Could they handle your finances and personal affairs for a while?

Here’s a handy tool. The Aging and Disability Resource (“ADRC”) Center of Ozaukee County has developed a booklet in which you list your personal information and the location where you keep documents and records. It is simple to fill out. It includes places for you to list your background, your health insurance and medical professionals, your income and assets, the location of your important papers, and the professionals with whom you do business. This information is so important that we call it “The Gold Book.” Give yourself peace of mind by taking a few minutes to fill it out. Then keep it in a safe place for your family in case they ever need to use it.

Social Security Processing Claims for Same-Sex Couples

On June 26, 2013, the Supreme Court ruled that Section 3 of the Defense of Marriage Act (DOMA) is unconstitutional. Therefore, Social Security is no longer prohibited from recognizing same-sex marriages for purposes of determining entitlement to or eligibility for benefits.

On January 31, 2014, the Social Security Administration announced that they will begin processing some Supplemental Security Income (SSI) claims, appeals, and post-eligibility actions when an SSI claimant is in a same-sex marriage. They are also processing some retirement, surviving spouse and lump-sum death payment claims for same-sex couples and paying benefits where they are due. However, only individuals who were married and are currently living in a state that recognizes same-sex marriage can take advantage of this provision. The Social Security Administration will continue to hold onto claims filed by same-sex couples residing in a state that does not recognize their marriage.

The Social Security Administration continues to work closely with the Department of Justice to evaluate the legality of extending benefits to same-sex couples and recommends that if you are in, or are a surviving spouse of a same-sex marriage or other legal same-sex relationship, to apply right away for benefits. If you have questions about how a same-sex marriage may affect your benefit claim, please call 1-800-772-1213 (TTY 1-800-325-0778) or contact your local Social Security field office.



In Lieu of Flowers

If you attend any of the senior dining sites throughout the county, receive home delivered meals, or have benefited from other services or classes offered by the Ozaukee County Aging and Disability Resource Center (ADRC), have you ever considered leaving us a monetary memorial upon your passing?

Because many of our dining sites are located in city run senior centers, families often leave memorials to the senior centers thanking them for the meals their loved ones received there. While the Senior Centers provide many great social as well as educational activities, the meals provided come from Ozaukee County's Aging and Disability Resource Center.

While the population of older adults increases, the federal funding for services has decreased. This decrease in funds will have a direct impact on all the services and programs the ADRC offers to seniors in Ozaukee County. Our goal is to help seniors live independently in their own homes for as long as possible. This goal becomes more and more difficult to achieve each year as more adults access our limited funding.

If you have the ability to consider leaving a memorial to the ADRC of Ozaukee County, you will be helping other seniors receive meals and services that keep them in their own homes and out of institutional care for as long as possible.



Seniors Beware! Scams Galore

Recent Email and Phone Scams

The Wisconsin Department of Trade and Consumer Protection (DATCP) is a state agency that assists consumers with a variety of issues; for example, they investigate consumer complaints. In addition, DATCP has a lot of helpful information on their website at www.datcp.state.wi.us.

According to the DATCP website, there have recently been reports of several fraudulent email and phone scams that are cause for concern.

Utility Scams

The emails claim that the recipient owes past due energy bills, usually to either Pacific Gas and Electric Company or Atmos Energy. In fact, these companies do not operate in Wisconsin. The email provides links to view fake account information. Clicking on any of the links can result in a computer virus which tries to steal personal and banking information.

If you receive such an email, delete it immediately and do not click on any of the links. Never provide your personal information in reply to such an email. Contact DATCP at 1-800-422-7128 to report the scam.

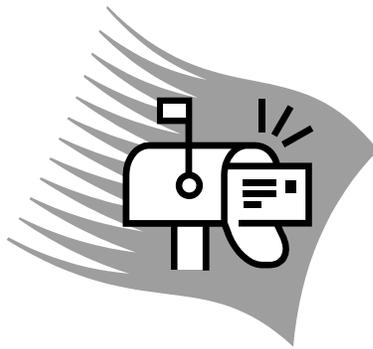
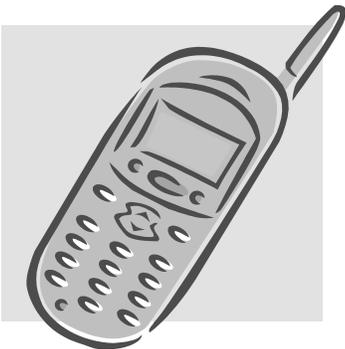
Shipping Email Scams

In this scam, the scammer tries to trick the recipient into completing a form with personal information by suggesting that there is a problem with the shipment of a package. If you receive an email like this, and you are not expecting a package, delete it and do not click on any links or provide any personal information.

If you are expecting a package, contact the retailer directly and find out if there is a problem.

Phantom Debt Calls

This scam involves a call telling you that you are being sued and may have to appear in court. It says that you have only a few hours to respond or your wages may be garnished. Generally, no company name is given. According to DATCP, this is a national scam. They recommend that you hang up and not press any keys during the call as this may result in more calls to your number. In some cases, the scammers seem to have either part or all of your Social Security number to convince you that it is a legitimate call. They may give a case number as further evidence of legitimacy. They may threaten that a warrant will be issued for your arrest if you do not send money. You can call DATCP at 1-800-422-7128 if you receive this type of call. Do not provide personal or banking information to unknown callers.



Caregiver Outreach for 2014

Caregiver Coffees

The Caregiver Coffees are held on a monthly basis. These coffees allow a caregiver to meet other caregivers in an informal setting while their loved one is cared for in a supervised social environment. Caregivers who have been in attendance at these coffees find the coffees to be a welcoming environment where one can share their thoughts and concerns with others who are walking in their same shoes.

Caregiver Coffees times and locations:

Heritage Nursing Home 119 N. Wisconsin St. Port Washington 10am-11:30am Contact Julie (414)333-1168 2nd Tuesday of the month	St. John Lutheran Church 1193 Lakefield Road Grafton 10am-11:30am Contact Barb at (262)376-4328 4th Monday of the month	Providence Place 815 Washington St. Grafton 6pm-7:30pm Contact Barb at (262)376-4328 1st Tuesday of the month
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Starting Saturday March 22, 2014 Caregiver Coffee will meet at Meadowmere Northshore Assisted Living located at 10803 N. Port Washington Rd. Mequon from 9am-11:30am. Contact Julie (414)333-1168

Journey Series

Connecting family caregivers with helpful information and resources is the purpose of an educational “Journey” series to be held again in Ozaukee County this spring.

A number of topics of interest to caregivers of older adults will be addressed during this 9 sessions series. While the topics and dates for 2014 are still being developed, below is a listing of the first 4 sessions:

Thursday, April 24th 2:30-4:30 PM

Topic: Tax considerations for caregivers/What financial information caregivers should know

Thursday May 15th 6:00-8:00 PM

Topic: Legal Considerations for Caregivers

Thursday June 5th 2:30-4:30 PM

Topic: Different Types of Dementia: Symptoms and Stages

Tuesday, June 24th 6:00-8:00 PM

Topic: Medicare and Medicaid Ins and Outs

All sessions will be held at the Family Enrichment Center, 885 Badger Circle in Grafton. Registration for these sessions will be handled by the Aging and Disability Resource Center (262-284-8120). You may also find the information posted on our website www.co.ozaukee.wi.us/adrc

Guess the Year...

U. S. President & Vice President

Franklin D. Roosevelt & Henry A. Wallace

Cost of Living

- ❖ New House \$3,600
- ❖ Average Income \$2,041
- ❖ New Car \$900
- ❖ Average Rent \$40 per month
- ❖ Gasoline 0.15 cents per gallon
- ❖ Harvard Tuition \$420
- ❖ Movie Ticket 0.35 cents
- ❖

First Appearances

- ❖ Chutes and Ladders
- ❖ Slinky
- ❖ Silly Putty

Cost of food

- ❖ Milk 62 cents for a gallon
- ❖ Bacon 45 cents per pound
- ❖ Eggs 21 cents per dozen
- ❖ Ground Beef 30 cents per lbs.
- ❖ Fresh bread per loaf

Music

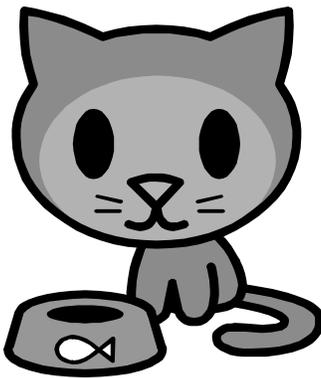
- ❖ As Time Goes By (Rudy Vallee)
- ❖ Brazil (Xavier Cugat)
- ❖ Dearly Beloved (Glenn Miller)
- ❖ In The Mood (Glenn Miller)
- ❖ It Can't Be Wrong (Dick Haymes)

Sports Champions

- ❖ New Your Yankees (baseball)
- ❖ Chicago Bears (football)
- ❖ Detroit Red Wings (hockey)
- ❖ Wyoming (Basketball)
- ❖ Count Fleet (Kentucky Derby)

Popular Movies

- ❖ Casablanca
 - ❖ For Whom the Bell Tolls
 - ❖ Heaven Can Wait
 - ❖ The Human Comedy
 - ❖ In Which We Serve
- The Year is1943*



Vaccine Clinic

Vaccine pricing

Distemper only.....	\$15
Rabies only.....	\$15
Distemper & Rabies.....	\$25
Microchip.....	\$25



The Ozaukee Campus vaccine clinic supplies low-income families with affordable vaccines for their companion animals. Please contact us at 262-988-5966 to see if you qualify for the program and to schedule an appointment for our next clinic.

630 W. Dekora Woods St., Saukville, WI53080

To best prepare for the clinic, please keep the following tips in mind:

- Attendees are responsible for controlling their own animal.
- Please have your dog on a leash and your cat in a carrier.
- Please bring your animal's prior vaccine history if they have any.
- Please be prepared to bring proof of income to your first appointment.
- All animals must be healthy, not pregnant, and able to be safely handled.
- The animal's guardian must be present to give vaccination consent.
- We are not able to serve clients who are bringing animals to the clinic on behalf of someone else.

www.wihumane.org

call: (262) 988-5966

Aging and Disability Resource
Center of Ozaukee County

121 W. Main Street
Port Washington, WI 53074

Phone: (262) 284-8120 or
(262) 238-8120 metro
Fax: (262) 268-7726 or
(262) 238-7726 metro
Toll Free: (866) 537-4261
E-mail: adrc@co.ozaukee.wi.us



ANY CORRECTIONS TO
NAMES, ADDRESSES,
NOTIFICATION OF A
DECEASED RELATIVE STILL
RECEIVING THIS
NEWSLETTER, OR TO BE
ADDED TO OUR EMAIL LIST
PLEASE CALL
(262) 284-8120 OR
(262) 238-8120 METRO

The Aging and Disability Resource Center (ADRC) of Ozaukee County is primarily supported by State and Federal funds. We also rely on donations from the public to help support our services. Due to the current economy, each of these funding sources has decreased in the past several years. If you have received services from the ADRC and are able to make a monetary contribution of any amount, please consider donating to the ADRC. You may also want to consider the ADRC as a recipient of a memorial in honor of a loved one who has passed away. Thank you for your consideration.

Staff and Committees

ADRC Board

Patricia Treffert (Chair)
Supervisor Karl Hertz
Suzanne Bruner
James Fisher
Michael Gottfried
Donna Kolanko
Katie Callen
Stacy McCutcheon
Cindy Helm
Loretta Dunning

Office Assistants

Laurie Susen
Karen Chapman

Director

Michelle Pike

Information & Assistance Specialists

Jan Braby
Kathy Schmitz
Cathy Bonvicini
Becky Johnson
Monica Lewein
Cassie Mayer

Benefit Specialists

Laura Schimberg (*Elder*)
Kay Ella Dee (*Disabilities*)

Aging Services Manager

Mary Ferrell

Dining Center Managers

Lois Lanser
Lynn Crevcoure
Jill Casper
Louann Lazzari
Deb Sheets

Meal Program Drivers

Lee Johnson
Jeff Rozek
Ralph DeWall

"Ozaukee County agrees, in accordance with applicable state and federal law, not to discriminate on the grounds of age, race, religion, color, handicap, sex, physical condition, developmental disability as defined in Wis. Stat. 51.01 (5), sexual orientation or national origin."