



# Ozaukee County Senior Dining

ADRC COMMUNITY CAFE'S MONTHLY MENU

Can you find the (←) to WIN a free lunch/1 winner only!

## JANUARY 2020



♥ = Low Sugar Dessert

All meals served with 1% milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>This New Year we thank you for providing us the opportunity to serve you and we promise to make your experience a satisfying and enriching one in the coming days.</i></p>		<p>1</p> <p><i>New Year's Day!</i></p>	<p>2</p> <p>MEATLOAF WITH GRAVY MASHED POTATOES W/GRAVY ORANGE GLAZED CARROTS MANDARIN ORANGES WHOLE WHEAT ROLL W/BUTTER CHOCOLATE ICE CREAM</p>	<p>3</p> <p>CREAMY CHICKEN &amp; BROCCOLI OVER BROWN RICE BUTTERED SWEET CORN APPLESAUCE WHOLE WHEAT BREAD W/BUTTER PUMPKIN BREAD ♥ BANANA</p>
<p>6</p> <p>LEMON PEPPER CHICKEN MASHED RED ← SKINNED POTATOES COOK'S CHOICE VEG DINNER ROLL W/BUTTER FRUIT CUP MOLASSES COOKIE ♥ PEACHES</p>	<p>7</p> <p>WW SPAGHETTI WITH ITALIAN SAUSAGE SEASONED GREEN BEANS TOSSED ROMAINE SALAD SALAD W/DRESSING GARLIC BREAD CHERRY CRISP ♥ FRESH FRUIT</p>	<p>8</p> <p>CABIN FEVER DAY! BBQ PULLED PORK ON BUN CREAMY COLESLAW POTATO SALAD FRESH FRUIT BROWNIE ♥ YOGURT</p>	<p>9</p> <p>CHICKEN STROGANOFF PARSLEY BUTTERED NOODLES SWEET GREEN PEAS ROMAINE SALAD W/RANCH DRESSING 7-GRAIN BREAD W/BUTTER PEARS RICE KRISPIE TREAT</p>	<p>10</p> <p>SCALLOPED POTATOES W/ DICED HAM PEAS AND CARROTS DINNER ROLL W/BUTTER GRAPES FROSTED CHOC. CAKE ♥ PLAIN CAKE</p>
<p>13</p> <p>GREEN PEPPER CASSEROLE WHOLE BABY CARROTS GARLIC BREAD STICK BANANA LEMON PUDDING ♥ SUGAR FREE PUDDING</p>	<p>14</p> <p>CHERRY GLAZED PORK MASHED POTATOES W/GRAVY SLICED BEETS TOMATO/ONION SALAD WHEAT BREAD W/BUTTER DICED PEACHES CHEF'S CHOICE COOKIE ♥ FRESH FRUIT</p>	<p>15</p> <p>CREAM OF BROCCOLI SOUP SALTINE CRACKERS SLOPPY JOE ON WHEAT HAMBURGER ROLL DILLED CARROT COINS KITCHEN'S CHOICE FRUIT STRAWBERRY ICE CREAM ♥ FRUITED YOGURT</p>	<p>16</p> <p>CRAB PASTA SALAD TOSSED SALAD W/TOMATOES AND CUCUMBERS/ITALIAN DRS WHEAT ROLL W/BUTTER PEACHES DESSERT BAR ♥ FRESH FRUIT</p>	<p>17</p> <p>HERB ROASTED CHICKEN ON THE BONE HORSERADISH &amp; GARLIC MASHED POTATOES CREAMED SPINACH DINNER ROLL W/BUTTER TROPICAL FRUIT</p>
<p>20</p> <p>SHEPARD'S PIE SPRING MIX SALAD W/BALSAMIC DRESSING DINNER ROLL W/BUTTER SLICED PEARS VANILLA ICE CREAM ♥ FRESH FRUIT</p>	<p>21</p> <p>POLISH SAUSAGE KETCHUP &amp; MUSTARD BABY BAKERS W/BUTTER GERMAN RED CABBAGE RYE BREAD W/BUTTER FRESH ORANGE ZUCCHINI MUFFIN ♥ CLEMENTINE</p>	<p>22</p> <p>HOT ROAST BEEF SANDWICH ON ONION ROLL CEDDAR CHEESE SLICE HORSERADISH SAUCE ROMAINE SALAD W/RANCH SWEET GREEN PEAS RICE KRISPIE TREAT FRESH APPLE</p>	<p>23</p> <p>CHICKEN MARSALA OVER WHOLE GRAIN PASTA WINTER VEG BLEND GREEN BEANS ITALIAN BREAD W/BUTTER WATERMELON CHEF'S CHOICE PIE ♥ PEAR</p>	<p>24</p> <p>SMOKED PORK CHOP MASHED SWEET POTATOES PEAS AND CARROTS RYE BREAD W/BUTTER ICE CREAM CUP ♥ FRUIT COCKTAIL</p>
<p>27</p> <p>PORK CUTLET MUSHROOM-WILD RICE RISOTTO CALIFORNIA BLEND VEG WHOLE WHEAT BREAD W/BUTTER PEACHES BANANA MUFFIN ♥ BANANA</p>	<p>28</p> <p>MEATBALLS IN GRAVY MASHED POTATOES AND GRAVY BROCCOLI SALAD RYE DINNER ROLL W/BUTTER APPLESAUCE OATMEAL RAISIN COOKIE ♥ RAISINS</p>	<p>29</p> <p>CHILI CRACKERS, SOUR CREAM, SHREDDED CHEESE COTTAGE CHEESE CORN BREAD MUFFIN W/BUTTER APRICOTS DESSERT BAR ♥ SUGAR FREE COOKIE</p>	<p>30</p> <p>MILD SAUSAGE JAMBALAYA RED BEANS AND RICE CREOLE WAX BEANS DINNER ROLL W/BUTTER KITCHEN'S CHOICE FRUIT DESSERT BAR ♥ FRESH FRUIT</p>	<p>31</p> <p>STUFFED SALMON BOAT DILL SAUCE QUARTERED RED POTATOES BRUSSELS SPROUTS RYE ROLL W/BUTTER SLICED PEACHES FROSTED BROWNIE ♥ ORANGE</p>

Lunch is served at Noon\* Menu is subject to change

Aging and Disability: (262) 284-8120