

WELLRIGHT UNIVERSITY

Learning at your fingertips

Expand your knowledge by exploring over 200 courses on a wide range of topics in every dimension of wellness, from mental health to preventive care and beyond. Available on the web or your mobile device, these short learnings give you the flexibility to learn at your own pace.

STEP
1



University courses

- 1 Click on the University tab in the top navigation bar.

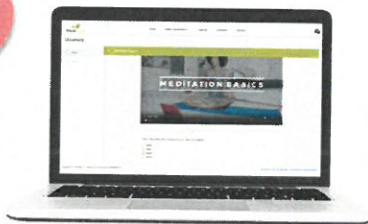
STEP
2



Select the course

- 1 Search by keyword or by curriculum category.
- 2 When you see the name of the course you want, click on the "Take Course" button.

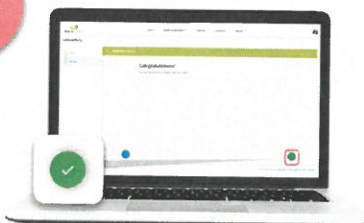
STEP
3



Take the course

- 1 Watch the course video.
- 2 Answer the questions to test your learning.

STEP
4



Congratulations

- 1 After you answer the course questions, submit your answers.
- 2 Once you've completed the course with a 70% or higher, click on the green circle with a check mark to return to the home page and select another course.