



Download the LifeWorks app

Feel supported wherever you are!

With the innovative LifeWorks app, you'll have access to a confidential **Employee Assistance Program (EAP)** and well-being resource, whenever you need it, and from wherever you are.

What's more, the app acts like your digital wallet card so that you can chat with a LifeWorks expert with just a tap – any time, anywhere. You can also quickly and easily check well-being resources right on your phone!

Download the LifeWorks app today for convenient access to well-being support!

1. Download the free app on Android or iOS – simply search for "LifeWorks".



2. Open the app, click on ['Log in'](#) and enter your shared log-in credentials

Username:

Password: