

ADRC BOARD/COMMISSION ON AGING MINUTES SEPTEMBER 12, 2011

THE FOLLOWING MINUTES HAVE NOT YET BEEN APPROVED BY THE COMMITTEE TO WHICH THEY PERTAIN

PRESENT: Pat Treffert, Suzanne Bruner, Stan Suring, Paul Gurgel, Karen Nadolski, Donna Kolanko, Stacy McCutcheon, Supervisor Katie Callen, and Michael Gottfried

EXCUSED: James Fisher

OTHERS PRESENT: Michelle Pike, Director of ADRC, Mary Ferrell, Aging Services Manager, Tara Meinnert, Office Assistant, Ginger Ayres, Information and Assistance Specialist, Bob Haupt, Director of Health and Human Services, and Tom Meaux, County Administrator

CALL TO ORDER: Chairperson Pat Treffert called the meeting to order at 9:01a.m.

ASSURANCE THAT THE MEETING HAS BEEN PROPERLY NOTICED: Ms. Meinnert indicated that the meeting had been properly noticed.

ADOPTION OF AGENDA: *On a motion by Stan Suring and a second by Suzanne Bruner, the agenda was adopted.*

PUBLIC COMMENTS: None

APPROVAL OF MINUTES: *On a motion by Supervisor Katie Callen and a second by Michael Gottfried, the minutes from the meeting on 8/8/11 were approved.*

❖ ADRC DISCUSSION ITEMS:

- Review of Proposed ADRC/Aging Budget for 2012
 - Ms. Pike reported on ADRC Budget – budgeted in a conservative manner for 2012. Difficult to determine revenue due to the caps on Publicly Funded Long Term Care (LTC) programs; ADRC uses no tax levy; hoping for \$50,000 capture of revenue to cover indirect costs.
 - Ms. Ferrell reported on Aging Budget – again, budgeted in conservative manner; uncertain on federal dollars at this time; food and gas prices for the meal program are higher for 2012; initially levy request was approximately \$9,000 but with the help of grants it was decreased by \$3,000.
- Update from the ADRC sponsored Self-Direct Supports forum held in conjunction with Washington County
 - Ms. Pike reported that there were more than 100 attendees and such a great turnout another forum may be held in the fall! Presenters included Dennis Harkins who spoke about self-directed supports, Assistant Secretary Kitty Rhoades who spoke about the caps on publicly funded long term care programs, Linda Olson, ADRC Director from Washington County and Ms. Pike who spoke about the role of ADRC's in the LTC arena.

- Update from ADRC Directors Meeting in Stevens Point on 9/07/11
 - Ms. Pike reported that some ADRC's within the state have not combined with their Aging units and this can cause a duplication of services. Therefore the state may be making it mandatory for ADRC's and Aging Units to be combined in the future. The goal of new Aging Plan for 2013-2015 will be to actively pursue input from public. A report was distributed from the Bureau of Long Term Care and raises concerns with the recent murder-suicides occurring at nursing homes. Discussion and many reminders throughout meeting about there being no freeze in Family Care, only caps. Sarah Diedrich, from Wisconsin Counties Association presented and Carrie Porter from GWAAR presented about Logisticare.
- Update on recent hire for afternoon Office Assistant position
 - Ms. Pike reported that Jenny Bock has been hired to fill the Office Assistant position in the afternoons – she will answer phones, greet walk-in customers, update our directory, prepare folders for presentations, and other miscellaneous tasks as assigned.

❖ **AGING SERVICES DISCUSSION ITEMS:**

- Recognition of memorial funds donated to ADRC on behalf of former Home Delivered Meal recipient
 - Ms. Ferrell reported the recent loss of a home delivered meal client of 8 years and the family has decided to donate \$411.00 for a memorial fund.
- Update on informational and prevention programs for fall
 - Ms. Ferrell discussed the Aging in Stride prevention program – which will begin the week of Sept. 22nd. This is a 9 week series aimed at providing tips and pointers on healthy aging. Each week a professional from the community will provide information through presentations– example: Grafton Police Officer speaking on safety, Physician Assistant speaking about age related illnesses, or a local Funeral Director speaking about death and funeral arrangements. Participants are asked to contribute a \$10 donation which helps to subsidize the cost of the book each person is given.
 - One more Falls Prevention class will be held before the end of the year. For those people who are at risk of falling and do not leave their homes, Abby Povletich, a nurse from the Public Health Dept., is available to provide a program, *Sure Step* which is a falls prevention program for home-bound elderly.
- Information on Mosaic Project
 - Ms. Pike reported that the Cedarburg Cultural Center was awarded a National Endowment of the Arts grant for a community wide Mosaic mural project. Part of that grant requires that a second mural be designed and installed somewhere within Ozaukee County. Ms. Pike applied for this second grant on behalf of Ozaukee County and was awarded. This project will bring community togetherness by including high school students, clients from Portal Inc., elderly individuals from Senior Centers or residential facilities in the area as well as other area businesses and schools to help work on the murals; Carrie Tharp, a mosaic artist from the Belgium area will spearhead the projects.

❖ REPORTS:

Developmentally Disabilities Representative Report:

- Ms. Nadolski reported:
 - Friendship Club – is growing significantly! Started 23 years ago and consists of volunteers who work one on one with an individual who has a developmental disability from their own faith. Cedarburg and Mequon are becoming involved and are starting groups.
 - Balance, Inc. is celebrating their 20th anniversary – Ms. Nadolski cannot say enough about this agency and what they have done for her son; grateful every day! Their celebration will be held on September 22 at Memories Ballroom.
- Ms. Kolanko reported:
 - Distributed a brochure from Starting Point in reference to OzMedDrop – disposing of your unused or expired prescription medications in a safe and environmentally friendly way.
 - Kiwanis Club in Port Washington is starting an Aktion Club – the purpose of this club is to give people with cognitive and physical disabilities an opportunity to participate with projects.

Congregate and Home Delivered Meal Report:

- Ms. Ferrell reported that the congregate numbers are strong at all locations but efforts continue to encourage greater attendance at Range Line location. We upgraded service at this location and had hoped to see more involvement from the community. The senior picnic at Grafton High School on August 18 and was a great success; large number of people in attendance (240) and plenty of fun to go around!
- Ms. Ferrell reported that home delivered meals continue to fluctuate daily or monthly; Monday, Wednesday, and Friday show the highest number of seniors served. We continue to recruit additional volunteers to deliver meals, especially in Mequon and Port Washington, due to three or more routes needed in these communities.

Information & Assistance (I & A):

- Ms. Ayres reported that actual contact numbers have been lower than normal but cases seem to be more complicated which actually takes more time to deal with. Ms. Ayres included percentages of who actually contacts the ADRC; more calls from elderly who seem to be in charge and more independent than ever.

Department Financial Report:

- Ms. Pike reported the ADRC budget is satisfactory at this time; always two months behind on being reimbursed revenue from Time Reports that are submitted to the State.
- Ms. Ferrell reported the Aging budget is satisfactory at this time

Other Business:

- None

Topics for Next Meeting:

- ADRC Board Member Bio – Michael Gottfried

On a motion by Supervisor Katie Callen and a second by Donna Kolanko, the meeting was adjourned at 10:40 a.m.

Respectfully submitted,

Tara Meinnert, Office Assistant
ADRC of Ozaukee County