


# Ozaukee County

## SENIOR DINING CENTER MENU

# JULY



♥ = Low Sugar Dessert

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ITALIAN SAUSAGE SPAGHETTI WITH WHOLE WHEAT NOODLES</b> 2 GARLIC BREAD STEAMED SPINACH FRESH ORANGE RICE KRISPIES TREAT ♥ FRUIT	<b>BARBECUE CHICKEN QUARTER</b> 3 AMERICAN POTATO SALAD BAKED BEANS WHEAT ROLL W/BUTTER SEAFOAM GELATIN ♥ SUGAR FREE GELATIN	Independence Day 4 	<b>BEEF STEW</b> 5 BABY RED POTATOES W/BUTTER CRINKLE CUT CARROTS RYE BREAD W/BUTTER ICE CREAM ♥ APPLE SLICES	<b>PORK CUTLET IN GRAVY</b> 6 SWEET AND SOUR RED CABBAGE ROSEMARY POTATOES RYE BREAD W/BUTTER OATMEAL RAISIN COOKIE ♥ FRESH FRUIT
<b>DENVER OMELET W/CHEESE SAUCE</b> 9 2 SAUSAGE LINKS HASH BROWN, KETCHUP MELON WEDGE CINNAMON STREUSEL COFFEE CAKE ♥ FRUIT COCKTAIL	<b>CHICKEN MARSALA</b> 10 WHOLE GRAIN PASTA W/GARLIC PESTO SAUCE BROCCOLI-CAULIFLOWER MIX ITALIAN BREAD W/BUTTER PINEAPPLE TIDBITS PISTACHIO PUDDING ♥ FRESH PEAR	<b>CHICKEN CORDON BLEU</b> 11 GARLIC AND CHIVE ROASTED RED POTATOES GREEN BEAN ALMANDINE CROISSANT W/BUTTER ORANGE CARDAMOM COOKIE ♥ SUGAR FREE COOKIE	<b>OVEN BAKED HAM</b> 12 AU GRATIN POTATOES PEAS AND CARROTS 9-GRAIN BREAD W/BUTTER FRESH BANANA	<b>CHICKEN SALAD ON CROISSANT W/TOMATO AND LETTUCE</b> 13 WALDORF SALAD CUCUMBER SALAD CHERRY PIE ♥ SUGAR FREE COOKIE
<b>MEATLOAF W/ONION GRAVY</b> 16 SCALLOPED POTATOES STEWED TOMATOES MULTI GRAIN BREAD W/BUTTER PEANUT BUTTER COOKIE ♥ ORANGE	<b>CRAB PASTA SALAD</b> 17 MARINATED VEGETABLE SALAD BRAN MUFFIN W/BUTTER FRESH PEAR	<b>MEAT LASAGNA</b> 18 GARLIC BREADSTICK SEASONED WAX BEANS FRESH ORANGE DESSERT BAR ♥ BANANA	<b>BEEF MACARONI CASSEROLE</b> 19 STEAMED SPINACH BREAD W/BUTTER SEASONAL FRESH FRUIT FROSTED BROWNIE ♥ SUGAR FREE COOKIE	<b>TURKEY A' LA KING</b> 20 OVEN BISCUIT BRUSSELS SPROUTS WATERMELON BAKER'S CHOICE COOKIE ♥ BANANA
<b>CRANBERRY MEATBALLS</b> 23 FRIED POTATOES W/ GREEN PEPPERS & ONIONS WISCONSIN VEGETABLES 7-GRAIN BREAD W/BUTTER FRUITED YOGURT	<b>BEEF STROGANOFF</b> 24 MASHED POTATOES W/GRAVY DILL CARROTS MARBLE RYE BREAD W/BUTTER RICE PUDDING ♥ SUGAR FREE PUDDING	<b>BRATWURST W/FRIED ONIONS</b> 25 HOT GERMAN POTATO SALAD RED CABBAGE SOURDOUGH BREAD W/BUTTER GERMAN CHOC. CAKE ♥ SUGAR FREE COOKIE	<b>ROASTED TURKEY</b> 26 POULTRY GRAVY GARLIC MASHED POTATOES W/GRAVY HERBED STUFFING GREEN SWEET PEAS CHEF'S CHOICE PIE ♥ FRESH FRUIT	<b>ROAST BEEF</b> 27 MASHED SWEET POTATOES W/BUTTER BROCCOLI SALAD DINNER ROLL W/BUTTER FRESH MELON ICE CREAM ♥ SUGAR FREE COOKIE
<b>SAVORY BEEF POT ROAST</b> 30 MASHED POTATOES W/GRAVY GREEN BEANS MANDARIN ORANGES WHEAT BREAD W/BUTTER BAKER'S CHOICE COOKIE ♥ FRUIT	<b>BBQ SHREDDED PORK SANDWICH</b> 31 WHOLE WHEAT BUN POTATO ROUNDS COUNTRY-STYLE MIXED VEGETABLES PINEAPPLE TIDBITS			As we celebrate our nations's freedom, we honor the courageous men & women dedicated to preserving it. Have a safe & happy 4th of July! 

Lunch is served at Noon\* Menu is subject to change

Aging and Disability: (262) 284-8120