

imagination
is everything.
it is the preview of
life's coming attractions
-alberteinstein

Ozaukee County

SENIOR DINING CENTER MENU

MARCH



♥ = Low Sugar Dessert

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>March is: NATIONAL NUTRITION MONTH</p>				<p>1 Whole Wheat Spaghetti and Meatballs Italian Blend Vegetable Fruit Cocktail Italian Bread w/Butter Frosted Yellow Cake ♥ Fruited Yogurt</p>	<p>2 Cream of Mushroom Soup/Crackers Tuna Salad/Kaiser Roll Shredded Lettuce Red Cabbage Slaw w/Cranberries Sun Chips Fresh Fruit Salad</p>
<p>5 Mushroom Swiss Burger on Bun Buttered Corn Baby Baker Potatoes Mandarin Oranges Lemon Bar ♥ Sugar Free Lemon Jell-O Cubes</p>	<p>6 Apple Cranberry Chicken Salad Flaky Croissant Sun Chips Broccoli Salad Fruit Salad Rice Krispies Treat ♥ Banana</p>	<p>7 Navy Bean Soup Soup/Crackers Oven Baked Ham Scalloped Potatoes Creamed Spinach Rye Bread w/ Butter Banana</p>	<p>8 Enchilada Casserole Mexican Bean Salad Diced Pineapple Dinner Roll w/Butter Churro ♥ Sugar Free Pudding</p>	<p>9 Potato Crunch Pollock Tartar Sauce/Lemon Wedge Macaroni & Cheese Brussel Sprouts Dinner Roll w/Butter Cranberry Juice Spiced Apple Slices ♥ Apple Slices</p>	
<p>12 1/4 Hot Dog on Pretzel Bun Ketchup/Mustard pkt. Baked Beans German Potato Salad Canned Peaches Sugar Cookie ♥ Fresh Fruit</p>	<p>13 Chicken Stew Mashed Potatoes Stewed Tomatoes Whole Grain Bread w/Butter Spiced Apple Slices Cheesecake</p>	<p>14 Sliced Roast Pork Mashed Sweet Potatoes w/Butter Steamed Broccoli Dinner Roll Mint Frosted Brownie</p>	<p>15 Shaved Rubeen Sandwich (Sauerkraut, Marble Rye Bread, Swiss Cheese, Thousand Island) Buttered Parsley Red Potato Quarters Dill Baby Carrots Applesauce Mint Ice Cream ST. PATRICK'S PARTY</p>	<p>16 Tune Noodle Casserole Green Peas Whole Grain Bread Fresh Fruit Salad Dessert Bar ♥ Yogurt</p>	
<p>19 Breakfast Omelet w/ Denver Sauce Sausage Patty Diced Potatoes w/Green Peppers & Onions Orange Juice Blueberry Muffin</p>	<p>20 <i>1st Day of Spring</i> Spaghetti w/ Italian Sausage Meat Sauce Garlic Toast Zucchini Fresh Banana Raspberry Sherbet ♥ Raspberry Yogurt</p>	<p>21 Turkey Ala King Mashed Potatoes w/Gravy Buttered Corn Dinner Roll w/Butter Lemon Meringue Pie ♥ Fresh Fruit</p>	<p>22 Chicken Patty on Bun Mayo Packet Texas Caviar Southern Green Beans Diced Pears Oatmeal Raisin Cookie ♥ Lorna Doones</p>	<p>23 Vegetarian Lasagna Tossed Salad w/ Tomatoes and Croutons Italian Dressing Italian Beans Italian Bread w/Butter Fruit Cocktail</p>	
<p>26 Lemon Pepper Chicken Breast Garlic Mashed Potato 5-Way Mixed Vegetable Wheat Roll w/Butter German Chocolate Cake ♥ Fresh Orange</p>	<p>27 Beef w/Broccoli Vegetable Fried Rice Egg Roll Sweet & Sour Sauce Mandarin Oranges Almond Cookie ♥ Sugar Free Cookie</p>	<p>28 Stuffed Cabbage Roll Mashed Potatoes w/Gravy Beet & Onion Salad Rye Bread w/ Butter Tapioca Pudding ♥ Fresh Orange</p>	<p>28 <i>Opening Day of Major League Baseball</i> 29 Winter Lentil Stew w/Sausage & Crackers Spinach Salad w/Raspberry Vinaigrette Dinner Roll w/Butter Cottage Cheese Apricots</p>	<p>30 GOOD FRIDAY</p>	

Lunch is served at Noon* Menu is subject to change

Aging and Disability: (262) 284-8120

